

Bristol 10K

05-May-19 League 5

Distance (miles)

6.2137

Detailed Analysis				
Name	Position	Finishing time	Category	Pace Mins/mile
	1			00:00:00
Matthew Froude	1116	00:45:24	M	00:07:18
Theresa Goldstone	1181	00:45:41	F50	00:07:21
Tanya Baker-Gill	1210	00:45:50	F50	00:07:23
Stuart Anstead	2012	00:48:43	M45	00:07:50
Fiona McCorkick	2077	00:48:55	F50	00:07:52
Andrea Jenn	2270	00:49:32	F40	00:07:58
Harry Iles	2547	00:50:29	M	00:08:07
Andrew Elverd	2701	00:50:57	M45	00:08:12
Emma Caldwell	2735	00:51:04	F50	00:08:12
Ali Wright	3362	00:52:56	F40	00:08:31
Chris Green	3362	00:54:26	M45	00:08:46
Martin Iles	3892	00:54:32	M45	00:08:47
Jenny Anstead	3942	00:55:01	F40	00:08:51
Chris Shearn	4136	00:55:44	M55	00:08:58
Clare Elsworth	4433	00:57:46	F40	00:09:18
Rachel Vaissiere	5225	00:57:47	F40	00:09:18
Dawn Coles	5237	00:58:16	F40	00:09:23
Ed Parsons	5423	01:00:01	M55	00:09:40
Claire Anderson	6117	01:01:47	F	00:09:57
Gill Atwill	6676	01:01:04	F50	00:09:50
Paula Hodder	7335	01:01:04	F50	00:09:50
Clare Jordan	7336	01:05:37	F40	00:10:34
Milly Stowell	7706	01:12:34	F50	00:11:41

Nailsea finishers

23