

Two Tunnels 5K

12-Mar-23 League 3

Distance (miles)

3.11

Detailed Analysis				
Name	Position	Finishing time	Category	Pace Mins/mile
P Douglass	1	00:17:27	M	00:05:37
John Bird	6	00:18:57	M	00:06:06
John Mallone	10	00:22:19	M60	00:07:11
Timothy Wong	11	00:22:25	M	00:07:12
Theresa Goldstone	19	00:23:53	F50	00:07:41
Andy Greening	20	00:23:59	M40	00:07:43
Andrew Elverd	21	00:24:05	M50	00:07:45
Hugh Denton	24	00:24:36	M40	00:07:55
Terry Hill	25	00:25:05	M	00:08:04
Dan Sewell	34	00:25:59	M40	00:08:21
Alexandra Moruzzi	38	00:26:28	F40	00:08:31
Fabiola Garay	50	00:28:22	F40	00:09:07
Kerry Smart	54	00:29:54	F	00:09:37
Janine Greening	64	00:32:57	F50	00:10:36
Rachel Forbes	83	00:35:07	F50	00:11:17
Last runner	104	00:44:45	M70	00:14:23

Nailsea finishers

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