

ADIDAS MIDWEEK CHALLENGE 1987.

June saw the Adidas midweek challenge in the Avon area. It comprised of three races:-

	15km Churchill (10.6.87)	10km Clevedon (17.6.87)	5km Bath (24.6.87)	
Frank Brady.	174th 61.54	179th 39.35	-----	} vets race. mens B race.
Roger Keat.	245th 70.17	246th 44.01	79th 20.56	
Mark Groves.	-----	-----	63rd 18.09	
Graeme Scott.	-----	-----	93rd 19.12	

Roger was the only Nailsea runner to complete the series finishing 43rd vet.

POST OFFICE 6 (HENBURY)
Sat June 20th '87

A tough, hilly six mile course through woods at Blaise castle.

30th Don Jones 38.48
74th Mark Groves 43.22
82nd Peter Jude 44.18

236 people completed the course.

Have you paid your £2 annual membership fee yet?

Roger has a meeting with Avon A.R.A. on July 6th.

SHIRLEYS TREASURE.

After our successful barbeque last month Shirley Dommett has been left with a few items that don't belong to her. They are:

- 1 Plastic picnic table cloth.
- 2 Glass fruit dishes
- 1 Stainless steel bowl
- 2 Tea towels
- 2 soup spoons

If any of these items belong to you please give Shirley a call on Nailsea 851061.

We have entry forms for many Autumn races if you are interested.
Newport 16/8, Clevedon 23/8, Womens own 13/9
Burnham 20/9, Stroud 25/10.

The Other Paris Marathon

Prevented by injury from participating in the Paris city marathon I entered the Hants-de-Seine event instead. This also takes place in Paris, starting and finishing at La Defeuse, an extravagant modernistic development on a vast scale. The route was out along one side of the river and back on the other, almost entirely flat and without cobbles!!

The race started at 6pm in ideal running weather-cool and windless. Nursing a sore hamstring (thats my excuse) I set off behind most of the field of 5,000. Everything went according to plan until 22 miles when (as so often happens-to me at any rate) the distance began to take its toll. The last four miles seemed like an endless agony! I just managed to scrape in under four hours. Instead of a rewarding medal there were excellent running vests colour-coded according to your time; a nice idea.

Roy Parker.

Mark Groves 858109.